

# The Spa

at MATRIX



# Packages

## The Ultimate Spa Experience

Any package can be upgraded from a Swedish Massage to a Deep Tissue Massage for an additional \$10 for a 50-minute service or \$15 for an 80-minute service.

Add your choice of aromatherapy:

- Peppermint
- Eucalyptus
- Lemongrass
- Lavender

### Escape Package

Escape stresses of the day with a 50-minute Swedish Massage followed by a Matrix Express Facial. Perfect when you need a lift but don't have a lot of time.

\$130 | 75 min

### Indulgence Package

Treat yourself with this indulgent pairing of services for complete relaxation and rejuvenation. Begin your transformation with an 80-minute Swedish Massage and Hot Towel Foot Exfoliation. Then emerge renewed from our Signature Rejuvenating Facial and Cold Stone Facial Massage.

\$210 | 130 min

### Renewal Package

Renew your mind, body and senses with this magnificent combination of services. Your skin will glow after a full-body exfoliation from our 50-minute Body Polish followed by a relaxing 80-minute Swedish Massage and Peppermint Scalp Massage. Continue your bliss with our 80-minute Matrix Customized Facial along with the Eye and Lip Treatment.

\$320 | 210 min





Relax and Rejuvenate

# Massage

## Relax and Rejuvenate

Add your choice of aromatherapy:

- Peppermint
- Eucalyptus
- Lemongrass
- Lavender

## Massage Accents

- Peppermint Scalp Massage | \$15
- Hot Towel Foot Exfoliation | \$15
- Hot Stones | \$15

(Included in allotted service time)

## Deep Tissue Massage

This custom-tailored session incorporates deep, specific pressure focused on muscles where chronic pain, hypertension and muscle soreness originate. A true therapeutic massage, you'll benefit from increased circulation and released muscle tension at the deepest level.

\$95 | 50 min     \$120 | 80 min

## Swedish Massage

A calming massage based on the traditional Swedish style. This treatment involves broad, flowing strokes using light to medium pressure that soothes and relieves muscle tension. Perfect for overall stress reduction and relaxation.

\$85 | 50 min     \$110 | 80 min

## Sports Massage

For those who push their bodies to the limit, we combine traditional massage with stretching, compression and cross-fiber friction techniques to focus on muscles relevant to specific athletic activities. Vigorous and stimulating, this treatment is designed to both aid in recovery from training and prevent sports injury. Loose-fitting clothing is recommended.

\$95 | 50 min     \$120 | 80 min

## Prenatal Massage

This gentle, restorative massage is specially tailored for expectant mothers in their second or third trimester. Focuses on the lower back, aching feet, joints and shoulder areas using a specially-designed maternity table to provide extra comfort for the mommy-to-be. We customize this treatment to target your individual needs during pregnancy, and you will feel the benefit of increased circulation, decreased swelling and overall rejuvenation.

\$100 | 50 min     \$125 | 80 min

## Hot Stone Massage

Hot Stone Massage is an ancient form of massage used to promote relaxation. Your therapist will integrate heated stones into your session and utilize principles of Swedish Massage. The stones allow heat to penetrate deep within the muscle without excessive pressure, melting away tension and stress.

\$100 | 50 min     \$125 | 80 min

## Ultimate Foot Massage

Begin with a gentle foot scrub to exfoliate and moisturize. After removing the scrub with hot towels, your therapist will use pressure point therapy and integrated reflexology on the lower calf and foot to stimulate circulation and promote relaxation. Book alone or as an addition to any full-body massage.

\$50 | 25 min



# Facials

## Refresh and Renew

Add your choice of aromatherapy:

- Peppermint
- Eucalyptus
- Lemongrass
- Lavender

## Facial Accents

Further customize your facial experience:

- Lash Tint | \$30
- Brow Tint | \$30
- Lash & Brow Tint | \$40
- Lip & Brow Wax | \$30
- Lip Treatment | \$15
- Eye Treatment | \$20
- Lip & Eye Treatment | \$30
- Cold Stone Facial Massage | \$15

(Accents included in allotted service time)

## Matrix Rejuvenating Facial

Experience dramatic results with our signature 50-minute conditioning treatment. Addresses premature aging, moisture-deprived skin, acne, hyperpigmentation, rosacea and more. This treatment begins with an exfoliation to eliminate dead surface cells followed by a layering of vitamins and antioxidants to leave your skin nourished, protected and revitalized.

\$90 | 50 min

## Customized Facial

Enjoy the experience and benefits of our Matrix Rejuvenating Facial for a little while longer. Our Customized Facial allows you to tailor your personalized treatment. Choose from the **Relaxing** option, which includes a Cold Stone Facial Massage plus a neck and hand massage, or opt for extractions and extra mask time by selecting the **Results-Promoting** service.

\$125 | 80 min

## Clear Complexion Facial

A clear complexion is the result of deep enzymatic action combined with natural acids to support problematic skin. Extractions, followed by a cleansing antibacterial mask, assist your skin in looking blemish free.

\$95 | 50 min

## Anti-Aging Facial

Skin is awakened and nourished with an enzyme and mask duo. Targeting dehydration, free radical damaged and dull aging skin, this treatment delivers a purifying dose of antioxidants and age-reducing peptides that leave your skin looking younger and radiant.

\$95 | 50 min

## Gentleman's Hot Towel Facial

Specifically formulated for the special skin care needs of men, this treatment will smooth, soften, hydrate, heal, balance, tone and refine the skin, leaving your face refreshed and vibrant for weeks.

\$85 | 50 min

## Express Facial

Crunched for time? Refresh tired, dull skin with fruit acids and enzymes. Delivers a deep polish by infusing much-needed hydration and nutrients.

\$65 | 25 min

# Facial Treatments

## Refresh and Renew

Facial treatments include a variety of exfoliation techniques, such as the use of enzymes, chemical exfoliation, dermaplane and microdermabrasion. Hydrating treatment masks follow along with products selected for your particular skin care needs.

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## Dermaplane

Dermaplane is a quick, 45-minute noninvasive and painless procedure in which dead skin cells and fine facial hair are removed by hand. There is no down time involved with this treatment.

\$75 | 45 min

## Microdermabrasion

This anti-aging advancement minimizes fine lines, wrinkles and minor acne scarring plus reduces hyperpigmentation and reduces pore size, all with no down time.

\$80 | 30 min

## Professional Chemical Peels

Chemical Peels reduce fine lines, treat mild scarring and certain types of acne, wrinkles and hyperpigmentation. Options include Lactic, Alpha, Beta, Lotus and Jessner. Please call The Spa at Matrix at 303.863.7770 for a consultation.

\$80 - \$135 Depending on Type

## Back Treatment

Our Back Treatment is a relaxing procedure that includes a sugar scrub, exfoliating mask, extractions and hydration.

\$80 | 50 Minutes

## Additions to Facials

Microdermabrasion (add 15 min):

\$40 | Face

\$35 | Each Additional Area

Dermaplane (add 30 min):

\$40

Peels (add 15 min):

\$40 | Lactic Peel

\$50 | Chemical Peel

\$60 | Jessner Peel

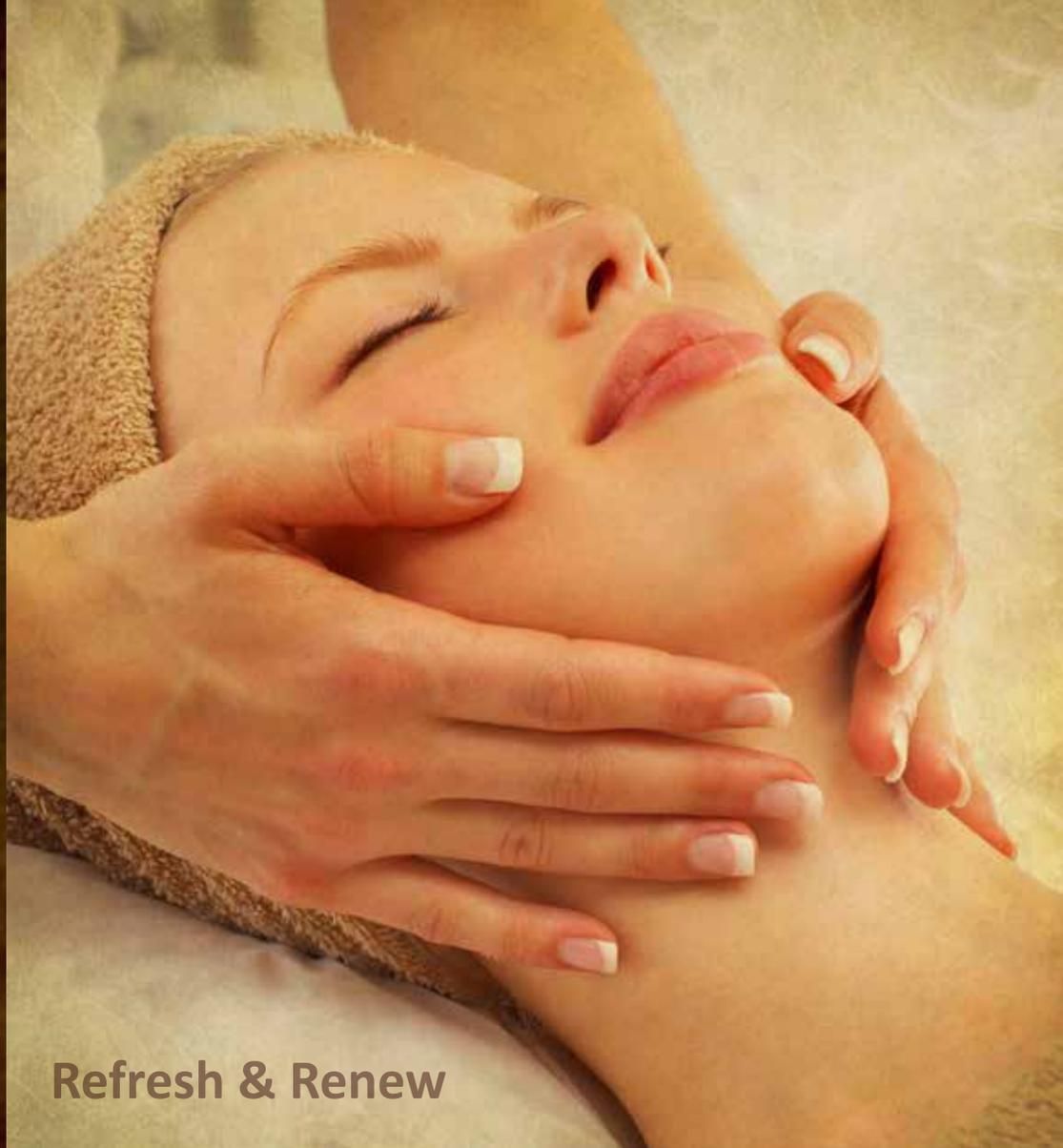
# Body Treatments

Indulge...

## Exfoliating Body Polish

This customized treatment starts with an incredible combination of oils and exfoliants whipped together to revitalize and moisturize even the driest skin to perfection. Warm towels will envelop your body to open and hydrate your pores as you enjoy a scalp massage. This treatment will leave you feeling fresh, relaxed and your skin satin smooth.

\$105 | 50 min



Refresh & Renew



# Waxing

Soft and Smooth

Lip | \$15

Brow/Lip | \$30

Eyebrow | \$20

Chin | \$15

Cheek | \$15

Nose | \$15

Full Face | \$60

Underarm | \$20

Full Arm | \$50

Half Arm | \$25

Bikini Line | \$30

Full Bikini | \$50\*

Brazilian | \$60\*

Half Leg | \$35

Full Leg | \$70

Back | \$60\*

Chest | \$50\*

\* Provider time and product use may result in increased price.

# Spa Club

## Membership Has Its Perks

The Spa Club at Matrix Fitness and Spa offers you access to our fitness facility and all of its amenities on your day of service. Enjoy your monthly benefit at The Spa at Matrix with discounted services, products and all-day access to our entire gym, including group classes and the Executive Steam Rooms.

### Spa Club benefit options include:

- Swedish Massage
- Deep Tissue Massage
- Sports Massage- NEW!
- Matrix Rejuvenating Facial
- Gentleman's Hot Towel Facial
- Microdermabrasion
- Professional Chemical Peel- NEW!

### Additional perks of membership:

- 15% discount on all waxing and tinting services
- 15% discount on all retail and gift card purchases
- Book additional services at your Spa Club price
- Gift your monthly benefit or extend your discounted rate to a friend or family member for just \$10 more
- Complimentary fruit infused water, hot tea or wine with every service

# Spa Parties

## Relax and Have Fun

Wedding event, birthday or office holiday party? Let The Spa at Matrix be your gathering place for a Spa Party! What better way to relax and have fun with family and friends than by planning a spa day. Whatever the occasion, we will work with you to help plan the perfect day!

## Spa Etiquette

Please plan to arrive 30 minutes prior to your appointment, allowing time to enjoy our Executive Steam Room (the heat helps loosen up muscles and tension) and other gym amenities. Our relaxing sanctuary is a peaceful space to unwind and enjoy a cup of tea, glass of wine or fruit infused water. For the comfort of our guests, we ask you to turn off cell phones when in the sanctuary and spa rooms. If you choose to leave a gratuity for your service provider, 15-20% is customary.

## Spa Series

Prepay for five of any services and receive the sixth service free.

## Gift Cards

Gift cards are available for purchase in The Spa or online.

## Cancellations

Due to our high-booking demand, The Spa at Matrix utilizes a 24-hour cancellation policy. Appointments that are not cancelled 24 hours in advance will be assessed a cancellation fee equal to the amount of the booked service(s).

## Payment

Cash, checks, American Express, Visa, MasterCard and Discover are accepted. Please note that all reservations require a card on file at time of booking.

## Parking

Matrix Fitness and Spa offers its members and guests complimentary covered parking in The Beauvallon parking structure. When traveling north on Lincoln, use the second drive located just before the north tower. Go left into the drive then left to the top of the ramp where you will see the double doors for Matrix Fitness and Spa. Park in any designated Matrix space.

**MATRIX**  
FITNESS | SPA

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